

**As per Latest
CBSE Curriculum**

**HEALTH & PHYSICAL EDUCATION
REGISTER
(CO-SCHOLASTIC REGISTER)**

CLASS: IX-X

NAME OF SCHOOL :

CLASS: DIVISION.....

HPE Register

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INTRODUCTION

Overall performance of a candidate is based on the achievement in the Scholastic Areas as well as Co-Scholastic Areas. Balanced and integrated emphasis on scholastic and co-scholastic areas is essential for enriching and enhancing learning experiences of students. Co-Scholastic is an important area of assessing students' personality development and need to be given equal importance by the schools.

Evaluation of Work Education/Pre-vocational Education, Art Education and Physical and Health Education will be done by the schools. CBSE has developed guidelines for internal assessment in these subjects which the schools are expected to keep in view while organizing teaching and evaluation of these subjects.

Activity	To be graded on a 5- point scale (A- E) in school	Areas and Objectives (as prescribed in the Scheme of Studies for Subjects of Internal Assessment)
Work Education or Pre-Vocational Education	By the concerned Teacher	Work education is a distinct curricular area for students for participation in social, economic and welfare activities. Students get a sense of community service and develops self - reliance. (For Pre - Vocational Education as per Scheme of Studies)
Art Education	By the VA/PA or	Art Education constitutes an important area of concerned curricular activity for development of wholesome teacher personality of the students. Students will select one or more forms of creative arts.
Health & physical Education	By the concerned teacher	Health & Physical Activity preferably sports must be given a regular period. Students should be provided opportunities to get professionally trained in the area of their interest. Indigenous sports must be encouraged in the schools creating a sense of physical fitness, discipline, sportsmanship, patriotism, self-sacrifice and health care.

DISCIPLINE (ATTENDANCE, SINCERITY, BEHAVIOUR, VALUES):

Discipline significantly impacts career shaping and it helps build character. Sincerity, good behaviour and values develop strength and foster unity and co-operation. Therefore, the element of discipline has been introduced. Class teacher will be responsible for grading the students on a Five-point scale (A to E)

Co-scholastic register helps the teachers to plan and record Co-scholastic activities. Planning of co-scholastic activities should be done in the beginning of the academic year so that as per the schedule, each child gets to learn and improve his / her skills in nonacademic domains. Board has instructed to allot periods for co-scholastic areas while preparing Curriculum framework. Weekly one period should be allotted for work education, art education, co-curricular activities, health and physical education

Assessment of Co-Scholastic Areas

Assessment of Co-scholastic Areas may be continuously done by collecting information, reflecting on and using that information to review children's progress and to plan future learning experiences. The documented data, after interpretation, should be reflected in the Report Card of the children in the form of grades.

In the existing scheme of assessment, these activities will be graded on a 5-point grading scale (A to E) for classes IX-X and will have no descriptive indicators. The students shall be assessed on any two activities of her/his choice from each of the three areas i.e. Work Education, Art Education, Health and Physical Education. No upscaling of grades will be done.

Coscholastic activities and discipline should be assessed on a five point grade scale as given below

Grade	Remarks
A	Outstanding
B	Very Good
C	Good
D	Fair
E	Below average

General Instructions

- I Regular periods once in a week should be allowed.
- I Teachers should maintain log books and keep a record of activity done in each class.
- I Theory and practicals should be conducted.

Teachers should encourage participation of each child in some activity or the other so that no child is left out from participation in activities organized at the class/school or at interschool level. By carefully examining the behaviour / skills / competencies of children in the class on all possible occasions, teachers should maintain records of the performance of learners. Schools should encourage teachers to work collaboratively with other teachers to facilitate and assess learner's performance and then finally assign grades.